



***the
beatitudes
series***

conversation cards



what are the beatitudes?

the Beatitudes describe the blessedness of those who choose to be disciples of Christ spoken by Jesus on the mount. the Beatitudes are a bold statement of Jesus' intent to establish the kingdom of heaven on earth, which will bring peace and freedom for all who follow him. it is through those disciples that his kingdom will bring blessing to all of the peoples of the earth.



what does blessed mean?

"blessed" is like being full after eating a meal. you enjoyed eating the food and you feel full and satisfied.

when Jesus uses the word "blessed" he's talking about being full and satisfied from knowing God.

1. blessed are the poor in spirit, for theirs is the kingdom of heaven.

practice with your family:

- say or write a list of all of the things you are grateful for!
- do you think we accept that sometimes bad things will happen to us but that God will help us and comfort us?
- can we get through this life by ourselves, without God?

happy is the person who realizes that they need a Savior because they cannot save themselves, for the kingdom of heaven is their home.

2. blessed are those who mourn, for they will be comforted.

practice with your family:

- do we feel “blessed” when bad things happen?
- do you think God’s comfort could be God guiding sad people to help others?
- challenge: think about a recent time when you saw someone else feeling sad. make a card for that person to help them feel comforted and know you’re thinking about them.

God is the ultimate comforter and we will be comforted when we mourn sins or bad things that happen, because of God’s love for us.

3. blessed are the meek, for they will inherit the earth.

practice with your family:

- meek doesn't mean weak. is Jesus telling us to allow people to walk all over us?
- challenge: talk with your grown-up about something you've been wanting or something you've been hoping to do. that can be your goal. then ask what you can do to earn that thing or activity. make sure to do it without complaining.

wait patiently,
without creating
a fuss, and work
toward your
goals without
whining or
complaining.



***4. blessed are those who hunger
and thirst for righteousness,
for they will be filled.***

practice with your family:

- what is something I can do to help those in need?
- can guiding and helping those people in need bring me closer to God?
- challenge: go through your old toys or clothes, and donate some to a local foster care organization or women and children's shelter.

happy are the
people who
want to do right
and know God
more than
anything else.

5. blessed are the merciful, for they will be shown mercy.

practice with your family:

- have you ever forgiven someone who made you sad or angry?
- how can we show mercy to our family?
- challenge: when someone apologizes, listen to their words and try to forgive them. it might take time. sometimes it helps to draw a picture of what made you angry or sad and then crumple it up.

happy are the people who are kind and forgiving to other people, for they will be shown kindness and forgiveness too.



6. blessed are the pure in heart, for they will see God.

practice with your family:

- what are some things that my brain focuses on?
video games? my favorite show?
- what is something I can do to spend more time
with God and less with my material things?
- challenge: write in a prayer journal. if you're not
quite a writer yet, draw your prayers, and keep a
journal of your pictures.

those who change
how they act on
the outside and
change their
hearts on the
inside will see
God.



***7. blessed are the peacemakers,
for they will be called sons of
God.***

practice with your family:

- how can you be a peacemaker at school?
- how can you be a peacemaker at home?
- challenge: try to go all day without arguing with your sibling or see if you can be helpful around the house to keep the peace, like cleaning up after yourself.

happy are the people who work to make peace and good for others, for they will be called children of God.

8. *blessed are those who are persecuted because of righteousness, for theirs is the kingdom of heaven.*

practice with your family:

- have you ever been teased for doing the right thing, or for not going along with the crowd?
- if other kids are teasing you, should you do something you know is wrong?
- challenge: when you go to church, look around at all the other children. each time you go, try to introduce yourself to one new friend. remember, these kids are God's children, just like you.

people who are hurt, suffer or are treated badly because they have done right, can be happy knowing that they will have the kingdom of heaven to look forward to.

